

# 3 School Newsletter

Cooper Landing, Hope, and Moose Pass Schools

## Moose Pass School 9/23 - 9/27

Tuesday 9/23 - Library K-2, LEGO Robotics 1st - 5th Grade 3:30-4:30, LUNCH MENU CHANGE - SACK LUNCHES

Thursday 9/25 - Library 3-6

## Moose Pass School Upcoming Events

Monday 9/30 at 1pm- Picture Day! You can get on the Life Touch Website: [www.Lifetouch.com](http://www.Lifetouch.com), and order prints with the Picture Day ID: **AK319012Q0**

## Hope School 9/23 - 9/27

## Hope School Upcoming Events

Monday 9/30 - Picture Day

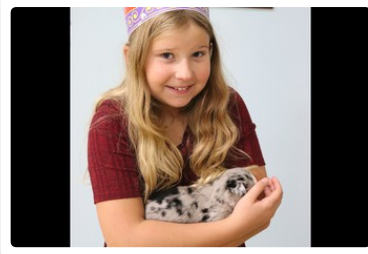
## Cooper Landing School 9/23 - 9/27

Friday 9/27 - Sea Life Center field trip

## Cooper Landing School Upcoming Events

**Monday 9/30** - Picture Day @ 9am - You can order through [www.Lifetouch.com](http://www.Lifetouch.com), with the following information: Picture Day ID: AK319009Q0

Connect to our school's google calendar through our webpage, to help keep track of important dates!  
<http://cooperlandingschool.blogs.kpbsd.k12.ak.us/>



## Cooper Landing Community School Activities

Morning workout/lap walking: Monday – Friday, 7:45am – 8:45am

Tot Time: Monday, Wednesday, and Friday, 11 am – 12pm

Volleyball: Tuesday and Thursday, 6pm, starting on October 1 (adults only, please)

Activities are offered on days that school is in session.

Additional activities are offered at the Community Hall.

More info at <https://clcommunityschool.webs.com/classesandevents.htm>

## Spreading the Flu

People with the flu can spread it to others up to about 6 feet away according to the CDC. If we have the Flu, we generally spread it by droplets when we cough, sneeze, or talk. Droplets can land in the mouths or noses of others who are nearby or be inhaled into the lungs. We may also get the flu by touching a surface or object that has flu virus on it and then touching our own mouth or nose.

We can infect other people 1 day before development of symptoms and up to 5-7 days after becoming sick. Some never show symptoms and still spread the flu.

I would recommend prevention by getting the annual flu vaccine. Also, washing your hands with soap and water is still the number one way to prevent illness. If you do get sick, please stay home.

Nurse Yoly